

Norton Bluejay Cross Country

Wamego Invitational

Sept. 9, 2017

Weather 75° sunny/muggy

Girls Team Results

1. Norton	70
2. TMP	85
3. Ellinwood	97
4. St. Marys	98
5. Christ Prep	102

Total teams 10

Norton results

Name	Time	Place
Lexi Kats	21:12	3
Hannah Bailey	22:05	7
Dianna Snow	23:34	21
Kailey Gill	24:28	34
Emily Miller	24:54	39
Allison Engelbert	25:43	47
Corgan Nickelson	27:21	65

Comments:

This was a fantastic win for the girls! The girls ran a gutsy race. This is the first win since 2013! The weather was humid and warm but the girls handled it well. Lexi Kats became the first runner since Astrid Moen to place in the top three, running very well throughout the race. Hannah Bailey also finished in the top ten with an excellent race to come in 7th. Dianna Snow had the race of her career dropping her personal record by 50 seconds. Kailey Gill also improved her time from last week. Emily Miller also ran an outstanding

race for her first time on the difficult Wamego course. Our goal today was to bring our 1-5 split down and the girls brought it down to 3:41, which was an improvement from last week. This is a great bunch of girls, they work hard and know that they need to keep working everyday. This is a good race to build on for the upcoming weeks.

Boys Results

Team scores.

1. Norton	97
2. Alma Wabunsee	125
3. St. Johns Hudson	131
4. Bennington	130
5. Riley County	194
6. Sabetha	195

17 boys teams

130 runners

Norton Results	Time	Place
Connor Hall	18:41	11
Cale Patterson	18:54	15
Ricky King	18:58	16
Tucker Gosselin	19:39	31
Mason Urban	20:06	44
Austin Koerperich	20:59	68
Nate Branek	22:43	102

Comments:

This is the first time the girls and boys both won the championship! The boys race was awesome. This is the first championship since 2004. The guys just would not give up, everyone ran a great race. Connor, Cale and Ricky moved into a good pack and were able to pick off runners during the last half mile. Tucker Gosselin cut over a minute off of his time last year

and freshmen Mason Urban ran a fantastic run at the end to gain valuable spots. Austin Koerperich and freshman Nate Branek rounded out the team spots. This was a huge win for the guys. Wamego is always a tough race with many very good teams. There were times in the race when everyone hits "the wall" but our guys were able to fight that spot off today. This is a good building block to move from. The season gets tougher with a tough race at Victoria next week and then the Rim Rock Classic the week after.

Thanks

George Rossi